

Newsletter October 2006

This newsletter will update you all on the activities of the Club since the last newsletter in April and will additionally; give advance notice of forthcoming event. Firstly can I take this opportunity to welcome to the Club all new members who have joined throughout the year. Secondly, can I thank all of you who have helped out coaching. Finally, I would like to thank all who have helped at Club events and have supported others at swims during the summer.

Budworth Handicap

A great day and what a way to start the out door swimming season. This year there were 23 swimmers taking part on a sunny day, the water temperature was just below 60°F. An improve guess by the President this year meant that the length was pretty near the mile mark. This year's winner was Michaela Richard remarkably only 2seconds away from her predicted time.

Bob Keating/Dick Dickenson Handicaps

Unfortunately the date selected for the handicaps turned out to be a poor choice for many of our members as a result numbers were down on last year. In the end the Secretary and President were within 5seconds of their predicted times. The Bob Keating Handicap winner was Joe Coy.

Budworth Championship

The Championships were yet another success being organised for the second time by Joe Coy. Again we have excellent safety cover. There were some notable firsts for members at the swim, Lisa Stout, Dave Bowker and Alex Glover all completed the 1mile race. Alex swam breaststroke with such ease and just finishing ahead of Lisa, to finish first gent and Lisa was first lady. Nineteen Dolphins took part this year and many others officiated. It was very nice to past member Harry Peacock watching. The Dolphins won the senior team trophy for the 8th year on the run.

Albert Dock Championships

Alan Pomfret organised yet another excellent Championships. This year the swim took part in the morning. Many Dolphins were involved, 10 swimming, 15 officiating and it was great to see Tony Johnson there checking that 'his event' was still up to standard. Julie Mainwaring & Billy Dutton acted as timekeepers, Claire Dickinson was Referee. The water was very clear and fairly warm. Some excellent times were achieved particularly Helen Tristram who 'blitzed' around the 2mile course in 64minutes. Graham Padgett was once again 1st Dolphin in the 4mile event.

Training

We have monitored the attendance level at our Sunday sessions and over the last 42 weeks and the average is 11, which shows members have been attending during the summer, well done. As winter approaches now is the time to build your stamina for next year. Take advantage of the 2 hour session. Attendance at Broomfields could be better. Remember a good swim session counters the effects of Friday night's wine consumption, honestly!

Marbury Handicap

What can be said about this event, we had to run 3 heats and the last heat had 8 in it. Not only were there 21 swimmers taking part there were around 12 on the side counting or supporting. Just to add to the success the predicted times were remarkable; the top 15 swimmers were all within 30seconds of their predicted time. The top 5 were within 5seconds of their predicted time. Andrew Byrne was the winner swimming exactly to his predicted time. He became the first recipient of the new John Heapy Memorial Trophy. A fantastic evening thanks to Alan Pomfret, Julie Mainwaring and once again John Glynn organised the refreshments at the Cock O' Budworth where the presentation was held.

Masters

At the Cheshire Masters 14 Dolphins entered. Unfortunately, there was a considerable increase in entries over last year and we finished in fifth place. There were some excellent performances with Judy taking four titles, Chris Carter two titles and Billy five titles. An administrative 'faux pas' placed Chris Byrne in the wrong age group which meant we could have collected more titles. The highlight of the evening was to see 'Novice' Chris Carter become the Cheshire Masters Breaststroke Champion. The evening was rounded off with a visit to the pub for the usual debriefing. Well done Claire Dickinson for organising an excellent Championship.

Two-way Channel Relay

Michaela's keen to get back into the channel and is organising the crossing for next August. So you can expect to see some serious training over the winter!

Notable swims

- Solo Windermere swims by Joe Coy.
- Martin Bosson won the Junior Budworth Championship.
- Nick White (Flash) unfortunately was beaten by worsening conditions on his Channel breaststroke attempt. Best of luck for his next attempt.
- Mark Blewitt was forced to retire from his attempt on Loch Lomond in poor conditions, swimming freestyle he would have been the only person to have swam the loch breaststroke and freestyle if he had finished. Better luck for 2008, Mark.
- Judy Brown made it, a European Record in the 200Fly at the ASA Master long course championships at Manchester in June. What a swim.
- I'll support you Kevin for your swim of Loch Lomond!! Such generosity of Lisa. Unfortunately, the Kevin was Kevin Sanders not Saunders. Nevertheless she stuck to her word and just to make it an exceptional Dolphin effort Kevin Saunders volunteer to crew as well. From what I've been told the 2 of them and Lisa's boyfriend were instrumental in Kevin coming second in the Championship. Well done. Just a final word on Kevin Saunders efforts rowing for others he also supported another swimmer who completed Loch Lomond and one on Windermere.
- Dave Bowker & Lisa Stout have gone from strength to strength this season after their Budworth 1mile they went on to swim longer distances, Lisa swam Coniston and Dave Coniston Veterans, both swam Bala one-way.
- A word about Helen Sydenham, she is determined to swim outside and hasn't beaten the swim yet despite visits to Marbury. I'm quite sure we will see her smiling proudly next year. What worries me is that she'll probably be ahead of me.
- Our Treasurer, Caroline swims beyond the call of duty. At eight months and 2 weeks pregnant what an amazing swim for her to comfortably completed the 1mile at Budworth. That is definitely a Club record!!
- Joe Coy for the second year on the run top the mileage chart with 56.3 miles.

Forthcoming Events

- 22nd December 2006 - Final training session, we're trying to organise the usual buffet, plus the Presentation of the Anderson Trophy, at Broomfields 9:45pm. To be confirmed.
- 17th December 2006 - Christmas 1mile Handicap at Fordton 6:00pm. As usual bring a wrapped present of value around £4.
- A Sunday towards the end of January 2007 - AGM (date and venue to be confirmed)

Joe Coy & Andy Wright
Secretary & President